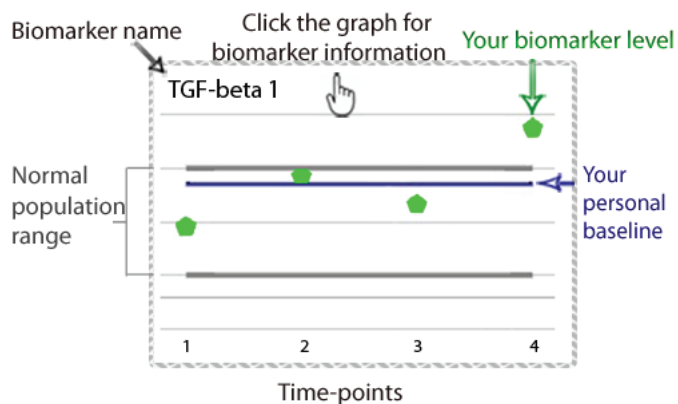




## Determine Your Personal Health Baseline

You are unique, and so are your biomarker trends. From periodic examination of your protein biomarker levels and surveys, PanoHealth is able to determine your unique personal health baseline – giving you the knowledge to optimize your health and wellness.

Routine monitoring can also detect small changes at an early stage, allowing you to track the effectiveness of dietary or lifestyle changes as well as alert you to potential negative health changes. These ongoing snapshots of your health can generate a comprehensive picture of your wellness status over time.



## The Power of the PanoHealth Wellness Assessment

PanoHealth uses **the world's largest panel of protein biomarkers** for assessment of health and wellness, which provides you with the most comprehensive health snapshot available.

## Your Individualized Wellness Report: Learn How Each Biomarker Is Affected by Your Health

With this service, you will receive an individualized wellness report. This report provides you with the current level of each individual biomarker and how that level compares to your past assessments, denoting changes over time, as well as normal population ranges. Changes in these biomarker levels may indicate alterations in your overall health and wellness.

"My PanoHealth report really showed me where I stand in my 'healthiness' level. I can see how tweaks to my diet or exercise affect my health, which has been really motivating for me to get and stay healthy."

-Jacqueline Whitaker  
Marathoner

## The PanoHealth Wellness Assessment Is Backed By Science

- PanoHealth analyzes biomarkers chosen based on the most current scientific and medical research
- PanoHealth scientists use a comprehensive process to quantify the biomarkers in your blood to develop your personalized wellness reports
- PanoHealth uses a reliable, well-established testing method to analyze your protein biomarkers
- All blood samples are processed in certified labs

## The PanoHealth Wellness Management Program assesses the evolving status of your current health and wellness

At PanoHealth, our goal is to provide you with profound knowledge about your current state of health, empowering you to make educated decisions regarding your diet, exercise, and lifestyle choices, and to put yourself on a path to healthier living.

## Protein biomarkers speak volumes about your health. Find out what they say about you.

Biomarkers are proteins present in your blood, right now, that define your current health status. By looking at the identity and amounts of these markers, your health and wellness status at any given moment can be determined accurately, rapidly, and efficiently.