

# Injury Recovery Biomarker Testing Service



## Comprehensive **Injury Recovery Tracking** protein biomarker testing service from PanoHealth, LLC.

Sustaining an injury is never a happy occurrence for any athlete. However, rarely does injury recovery mean doing nothing. The more information available to you, the easier it will be to determine what and how much activity you are ready for, establishing the quickest path back to health. Biomarker analysis can offer a better indication of recovery status, and when used in conjunction with other performance tests, can improve assessments of recovery periods and intensity of training sessions to ensure that you recover as fast as possible.



PanoHealth also proudly offers the newly developed **Health & Wellness Management Program** for the measurement and comprehensive analysis of the levels of 1,000 biomarkers.

### PanoHealth **Injury Recovery Tracking** protein biomarkers:

- |              |                 |                |
|--------------|-----------------|----------------|
| • CKMB       | • IGF-1         | • Myoglobin    |
| • COMP       | • IL-10         | • NT-proBNP    |
| • CRP        | • IL-1 $\alpha$ | • sTnI         |
| • cTnI       | • IL-1 $\beta$  | • TNF $\alpha$ |
| • Cystatin C | • IL-6          | • Troponin T   |
| • d-dimer    | • FABP8         | • MCP-1        |



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